

HIGH SCHOOL LEAGUE FORMAT 2019-20



Standard for All Matches:

- The R1/R2 and GSVO line judges, scorekeeper, and libero tracker must be at the site at least 30 minutes prior to match start.
- If teams are from different leagues, then the format for the host school will apply.
- Home team shall provide the scorekeeper and libero tracker. If home team is not using a libero, then the visiting team shall provide a tracker (at the score table) if they intend to use a libero unless otherwise noted.
- Home team always gets the first on-court warm-up time unless otherwise noted.
- Coaches must determine in the pre-match conference which ball will be used. If opposing coaches agree to play with a multicolored ball, the home team colored ball will be used. If the coaches do not agree, then an all-white ball will be used.
- Please ensure that all people serving as lines judges, whether students or adults, are in proper footwear.
- If there is a discrepancy between the format sheet and what the school asks you to do, follow the school's request, and then contact the Assignor after the match.
- **Teams are not allowed to warm up on the sidelines or end lines while waiting for their court time but may utilize another court.**

METRO

Bainbridge, Ballard, Bishop Blanchet, Chief Sealth, Cleveland, Eastside Catholic, Franklin, Garfield, Holy Names, Ingraham, Lakeside, Lincoln, Nathan Hale, Rainier Beach, Roosevelt, Seattle Prep, West Seattle

	JV/C	Varsity
Warm-Up:	8 Shared / 6 Home / 6 Visitor / No shared serving	8 Shared / 6 Home / 6 Visitor / No shared serving
Games:	Guaranteed 3 Deciding rally to 15 / Win by 2 with no cap Non-deciding capped at 15	3/5 Rally to 25 / Win by 2 with no cap 5 th set to 15 / Win by 2 with no cap
Line Judges:	Home team provides line judges, scorekeeper, and libero tracker (even if they do not use a libero).	

Senior nights: Limited to 10 minutes. Extended senior night activities shall take place AFTER the match.

KINGCO 3A

Bellevue, Interlake, Juanita, Lake Washington, Liberty, Mercer Island, Sammamish

	JV/C	Varsity
Warm-Up:	8 Shared / 6 Visitor / 6 Home / No shared serving Note that visitor gets court first.	8 Shared / 6 Visitor / 6 Home / No shared serving Note that visitor gets court first.
Games:	Guaranteed 3 All three sets, rally to 25—deciding win by 2, non-deciding capped at 25 If third set begins after 6:15 pm, rally to 15—deciding win by 2, non-deciding capped at 15	3/5 Rally to 25 / Win by 2 with no cap 5 th set to 15 / Win by 2 with no cap
Line Judges:	Home team provides line judges, scorekeeper, and libero tracker (even if they do not use a libero).	

KINGCO 4A

Bothell, Eastlake, Inglemoor, Issaquah, Mount Si, Newport, North Creek, Redmond, Skyline, Woodinville

	JV/C	Varsity
Warm-Up:	8 Shared / 6 Visitor / 6 Home / No shared serving Note that visitor gets court first.	8 Shared / 6 Visitor / 6 Home / No shared serving Note that visitor gets court first.
Games:	Guaranteed 3 All three sets, rally to 25—deciding win by 2, non-deciding capped at 25 If third set begins after 6:15 pm, rally to 15—deciding win by 2, non-deciding capped at 15	3/5 Rally to 25 / Win by 2 with no cap 5 th set to 15 / Win by 2 with no cap
Line Judges:	Home team provides line judges, scorekeeper, and libero tracker (even if they do not use a libero).	

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NORTH PUGET SOUND LEAGUE (NPSL) - 4A

Cascade Division: Hazen, Kennedy Catholic, Kentlake, Kent-Meridian, Kentridge, Kentwood, Mt. Rainier, Tahoma

	JV/C and Frosh	Varsity
Warm-Up:	8 Shared/ 6 Home / 6 Visitor / No shared serving	8 Shared/ 6 Home / 6 Visitor / No shared serving
Games:	Guaranteed 3 Deciding rally to 15 / Win by 2 with no cap Non-deciding rally to 15/ Win by 2 with no cap Third set to be played without regard to time	3/5 - Start time is <u>NO</u> earlier than 7:15 pm Rally to 25 / Win by 2 with no cap 5 th set to 15 / Win by 2 with no cap
Line Judges:	Home team provides line judges. No one in uniform is allowed to serve as a line judge. Home team provides adult or trained students for varsity matches including libero tracker (even if they do not use a libero).	

Senior Nights: *Senior night ceremonies will be no longer than 15 minutes and will take place PRIOR to the start of the shared warm up.

SOUTH PUGET SOUND LEAGUE (SPSL) – 2A

**North Division: Evergreen, Foster, Highline, Lindbergh, Renton, Tyee*

	JV/C	Varsity
Warm-Up:	8 Shared /6 Home / 6 Visitor / no shared serving. Shared warm-up starts at 5:20 PM.	8 Shared/6 Home/ 6 Visitor / No shared serving. Start time is <u>NO</u> earlier than 7:15 PM
Games:	Guaranteed 3 <u>Third set to 15 win by two-no cap</u> Non-deciding starting after 7 PM is not played	3/5 Rally to 25 / Win by 2 with no cap 5 th set to 15 / Win by 2 with no cap
Line Judges:	Home team provides both line judges for ALL matches	

Senior Nights: *Senior night ceremonies will take place PRIOR the shared warmup AND limited to 5 minutes, IF POSSIBLE.

League Rule: Only LEATHER balls should be used with NFHS stamp

EMERALD CITY

Bear Creek, Bush School, Eastside Prep, Forest Ridge, Northwest School, Overlake, Seattle Academy, University Prep

	JV/C	Varsity
Warm-Up:	6 Home / 6 Visitor / no shared serving	8 Shared/ 6 Home / 6 Visitor / No shared serving
Games:	Guaranteed 3 Rally to 25 / Win by 2 with no cap Deciding rally to 15 / Win by 2 with no cap Non-deciding capped at 15	3/5 Rally to 25 / Win by 2 with no cap 5 th set to 15 / Win by 2 with no cap
Line Judges:	Home team provides two, qualified (adult) line judges whenever possible.	

NISQUALLY

Annie Wright, Bellevue Christian, Cascade Christian, Charles Wright, Seattle Christian, Vashon Island

	JV/C	Varsity
Warm-Up:	7 Home / 7 Visitor / 2 Serve	8 Shared/ 6 Home / 6 Visitor / No shared serving
Games:	Guaranteed 3 All three sets, rally to 25/ Win by 2 with no cap <u>(4:30 JV games) If the third set begins after 5:30, then the teams will play to 15 no cap.</u>	3/5 Rally to 25 / Win by 2 with no cap 5 th set to 15 / Win by 2 with no cap
Line Judges:	Home team provides both line judges.	

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SEATAC

Auburn Adventist (2B), Christian Faith, Crosspoint Academy (2B), Evergreen Lutheran, Mt. Rainier Lutheran, NW Yeshiva, Puget Sound Adventist, Pope John Paul II, Quilcene, Rainier Christian, Seattle Lutheran (1B), Tacoma Baptist.

	JV/C	Varsity
Warm-Up:	7 Home / 7 Visitor / 2 Serve	8 Shared/ 6 Home / 6 Visitor / No shared serving
Games:	Guaranteed 3 Rally to 25 / Win by 2 with no cap Deciding rally to 15 / Win by 2 with no cap Non-deciding capped at 15	3/5 or Home team can request Guaranteed 5 Rally to 25 / Win by 2 with no cap 5 th set to 15 / Win by 2 with no cap
Line Judges:	Home team provides line judges. Visiting team may provide a line judge upon approval by the home team.	
Afternoon matches: If JV start time is 4:30 PM, then Varsity start time is immediately following the JV match, but no earlier than 6:00 PM.		

Northwest 1A/2B

Shoreline Christian

	JV/C	Varsity
Warm-Up:	No JV or C team at Shoreline Christian	8 Shared/ 6 Home / 6 Visitor / No shared serving
Games:	Guaranteed 3 <u>All</u> games rally to 25 / Win by 2 with no cap	3/5 Rally to 25 / Win by 2 with no cap 5 th set to 15 / Win by 2 with no cap
Line Judges:	Home team provides line judges. Every effort will be made to have adult line judges.	

NORTH SOUND CONFERENCE/1A

Cedar Park Christian, Coupeville, Granite Falls, Kings, South Whidbey, Sultan

	JV/C	Varsity
Warm-Up:	8 Shared/ 6 Home / 6 Visitor / No shared serving	8 Shared/ 6 Home / 6 Visitor / No shared serving
Games:	Guaranteed 3 All games rally to 25 / Win by 2 with no cap Deciding 3 rd set to 15/win by 2 with no cap Non-deciding 3 rd set-not to start after 6:15 PM	3/5 Rally to 25 / Win by 2 with no cap 5 th set to 15 / Win by 2 with no cap
Line Judges:	Home team provides line judges.	