

Kent Middle School Rules Format Info

1. Girls' volleyball will be played during Season One.
2. The Kent-Tahoma Middle School League volleyball teams will play under National Federation.
3. Girls' volleyball will have two teams.
 - a. Varsity: Composed of seventh and eighth grade students.
 - b. Seventh grade: Composed of seventh grade students only.
4. The number of required practice days by WIAA for teams and individuals will be strictly adhered to.
5. Equipment:
 - a. Nets
 1. Official nets and standards (those selected by Kent-Tahoma Middle School League)
 2. Height: Seven feet (maximum and minimum)
 - b. Ball: Any official eighteen-panel leather ball.
6. Game Length & Scoring:
 - a. Varsity and Seventh Grade: Match winners will be first team to win two games. Rally score to 25 with no cap. If a third game is necessary to determine a winner, it will be rally score to 15 with no cap. If a third tie-breaking game is not necessary to determine a match winner, the third game will be played to 15 (no cap) under limited participation rules. **If the third game is played to determine a winner of the overall match, it shall be followed by a fourth game to be played to 15 (no cap) under limited participation rules.**
7. International Rules to be implemented as follows:
 - a. All scoring to be Rally.
 - b. The Libero position is permissible but not required.
 - c. Let serves are official. (If ball hits net on serve and continues over – it is playable)
 - d. The Libero will be allowed to serve.
 - e. **If only one team has a Libero, it is that team's responsibility to track. If both teams have a Libero, the home team is responsible for tracking both.**
8. An adult scorekeeper is recommended for varsity and seventh grade. 25

9. Official warm-up time begins 10 minutes after visiting team arrives at school. Pre-game warm-up schedule is as follows:

Varsity	7th Grade
15 minute minimum	11 minute minimum
7 min. home team - full court	5 min. home team - full court
7 min. visiting team - full court	5 min. visiting team - full court
1 min. together on court service	1 min. together on court service

NOTE:

- Visiting team is always the last team for full court warm-up.
- Warm up times may be adjusted by official based on unique circumstances.
- No shared court hitting. Any shared court time is strictly for ball handling drills and warm-up procedures.

10. Official coin toss to be done before official warm-ups begin.

11. The head coach will drop 50% of the team who have played the most during the season and exclude them from the limited participation contests. If odd number, use lower figure. Any adjustment to the limited participation numbers are to be made only if there are insufficient numbers of athletes available; this must be communicated to the opposing coach prior to the contest. Starters that fill in available open positions are not to play in their normal position.

12. Home team has the option of using a three-ball system if desired.

13. Home team will provide volleyballs at the varsity and seventh-grade level.

14. SEEDING CRITERIA FOR SCHEDULE BLOCKS 8, 9, 10.

In order to break any ties that may occur in determining positions for the final three games of the volleyball season head to head results will be used. In the event of a three or more way tie the team that gave up the LEAST amount of points against the other tied teams will receive the higher seed. If tie is broken using the lowest point total, the remaining teams revert back to head to head.

15. DETERMINING SEASON LEAGUE CHAMPION

The league champion will be determined based on the best overall season record of the top 4 seeded teams, as determined after the set of block 7 games have been completed.