

## 2016-17 HIGH SCHOOL LEAGUE FORMATS



Greater Seattle Volleyball Officials

### Standard for All Matches:

- *If teams are from different leagues, then the format for the host school will apply.*
- *Home team shall provide the scorekeeper and libero tracker. If home team is not using a libero, then the visiting team shall provide a tracker (at the score table) if they intend to use a libero.*
- *Home team always gets the first on-court warm-up time unless otherwise noted.*
- *Coaches must determine in the pre-match conference which ball will be used. If opposing coaches agree to play with a multicolored ball, the home team colored ball will be used. If the coaches do not agree, then an all-white ball will be used.*
- *Please ensure that all people serving as lines judges, whether students or adults, are in proper footwear.*

### METRO

*Bainbridge, Ballard, Bishop Blanchet, Chief Sealth, Cleveland, Eastside Catholic, Franklin, Garfield, Holy Names, Ingraham, Lakeside, Nathan Hale, Rainier Beach, Roosevelt, Seattle Prep, West Seattle*

	JV/C	Varsity
<b>Warm-Up:</b>	6 Home / 6 Visitor / <b>No shared serving</b>	8 Shared / 6 Home / 6 Visitor / <b>No shared serving</b>
<b>Games:</b>	Guaranteed 3 Deciding rally to 15 / Win by 2 with no cap Non-deciding rally to 15	3/5 Rally to 25 / Win by 2 with no cap 5 <sup>th</sup> set to 15 / Win by 2 with no cap
<b>Line Judges:</b>	Home team provides line judges.	

### KINGCO 3A

*Bellevue, Interlake, Juanita, Lake Washington, Liberty, Mercer Island, **Redmond**, Sammamish*

	JV/C	Varsity
<b>Warm-Up:</b>	8 Shared / 5 Home / 5 Visitor / 2 Serve	
<b>Games:</b>	Guaranteed 3 Deciding rally to 15 / Win by 2 with no cap Non-deciding rally to 15	3/5 Rally to 25 / Win by 2 with no cap 5 <sup>th</sup> set to 15 / Win by 2 with no cap
<b>Line Judges:</b>	Home team provides 2 adults whenever possible.	

### KINGCO 4A

*Bothell, Eastlake, Inglemoor, Issaquah, Mount Si, Newport, Skyline, Woodinville*

	JV/C	Varsity
<b>Warm-Up:</b>	5 Shared / <b>7 Visitor</b> / 7 Home / No shared serving	
<b>Games:</b>	Guaranteed 3 Deciding rally to 15 / Win by 2 with no cap Non-deciding rally to 15	3/5 Rally to 25 / Win by 2 with no cap 5 <sup>th</sup> set to 15 / Win by 2 with no cap
<b>Line Judges:</b>	Home team provides both line judges. May be different person each game. Instructions to all at pregame.	
<b>Note that visitor gets court first.</b>		

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### **NORTH PUGET SOUND LEAGUE (NPSL) - 4A**

*Cascade Division: Hazen, Kennedy Catholic, Kentlake, Kent-Meridian, Kentridge, Kentwood, Mt. Rainier, Tahoma*

	<b>JV/C and Frosh</b>	<b>Varsity</b>
<b>Warm-Up:</b>	10-minute shared warm-up starts at 5:20 pm / Coin flip/ 6 Home / 6 Visitor / No shared serving	10 Shared / Coin flip/ 8 Home / 8 Visitor / No shared serving
<b>Games:</b>	Start time is 5:45 pm Guaranteed 3 Deciding rally to 15 / Win by 2 with no cap Non-deciding starting after 7 pm will not be played	Start time is <u>no</u> earlier than 7:15 pm 3/5 Rally to 25 / Win by 2 with no cap 5 <sup>th</sup> set to 15 / Win by 2 with no cap
<b>Line Judges:</b>	Home team provides line judges. No one in uniform is allowed to serve as a line judge. Home team provides adult or trained students for varsity matches.	

Senior Nights: Senior nights will be no longer than 15 minutes. Senior night ceremonies will take place PRIOR to the start of the shared warm up.

### **SOUTH PUGET SOUND LEAGUE (SPSL) – 2A**

*Division 1: Clover Park, Eatonville, Highline, Orting, Renton, River Ridge, Steilacoom and Tyee.*

*Division 2: Evergreen, Fife, Foss, Foster, Franklin Pierce, Lindbergh, Washington and White River.*

	<b>JV/C</b>	<b>Varsity</b>
<b>Warm-Up:</b>	Shared warm-up is 5 minutes followed by the coin flip and then timed warm-up of 5/5/1*	Shared warm-up is 7 minutes followed by the coin flip and then timed warm-up of 7/7/1.
<b>Games:</b>	Guaranteed 3 <u>Third set to 15 win by two-no cap*</u> Non-deciding starting after 7 PM will not be played	3/5 Rally to 25 / Win by 2 with no cap 5 <sup>th</sup> set to 15 / Win by 2 with no cap Start time is NO earlier than 7:15 P.M.
<b>Line Judges:</b>	Home team provides both line judges for ALL matches	

### **EMERALD CITY**

*Annie Wright, Bear Creek, Bush School, Eastside Prep, Forest Ridge, Northwest School, Overlake, Seattle Academy, University Prep*

	<b>JV/C</b>	<b>Varsity</b>
<b>Warm-Up:</b>	5 Home / 5 Visitor / 2 Serve	5 Shared / 5 Home / 5 Visitor / 2 Serve
<b>Games:</b>	Guaranteed 3 Rally to 25 / Win by 2 with no cap Deciding rally to 15 / Win by 2 with no cap Non-deciding rally to 15	3/5 Rally to 25 / Win by 2 with no cap 5 <sup>th</sup> set to 15 / Win by 2 with no cap
<b>Line Judges:</b>	Home team provides two, qualified (adult) line judges whenever possible.	

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### NISQUALLY

*Bellevue Christian, Cascade Christian, Charles Wright, Chimacum, Eatonville, Life Christian, Seattle Christian*

	JV/C	Varsity
<b>Warm-Up:</b>	7 Home / 7 Visitor / 2 Serve	
<b>Games:</b>	Guaranteed 3 All three sets, rally to 25/ Win by 2 with no cap* <b>(4:30 JV games) If the third set begins after 5:30, then the teams will play to 15.*</b>	3/5 Rally to 25 / Win by 2 with no cap 5 <sup>th</sup> set to 15 / Win by 2 with no cap
<b>Line Judges:</b>	Home team provides both line judges.	

### SEATAC

*Auburn Adventist (2B), Christian Faith, Crosspoint Academy (2B), Evergreen Lutheran, Mt. Rainier Lutheran, NW Yeshiva, Puget Sound Adventist, Pope John Paul II, Quilcene, Rainier Christian, **Seattle Lutheran (1B)** and Tacoma Baptist.*

	JV/C	Varsity
<b>Warm-Up:</b>	5 Shared / 5 Visitor* / 5 Home / 2 Serve	<b>2B:</b> 5 Shared / 7 Visitor* / 7 Home / 2 Serve <b>1B:</b> 5 Shared / 5 Visitor* / 5 Home / 2 Serve
<b>Games:</b>	Guaranteed 3 Rally to 25 / Win by 2 with no cap Deciding rally to 15 / Win by 2 with no cap Non-deciding rally to 15	3/5 Rally to 25 / Win by 2 with no cap 5 <sup>th</sup> set to 15 / Win by 2 with no cap
<b>Line Judges:</b>	Home team provides line judges. Visiting team may provide a line judge upon approval by the home team.	
<b>*Note that visitor gets court first. If visiting team is late, home team warms up first</b>		

### Northwest 1A/2B

*Shoreline Christian*

	JV/C	Varsity
<b>Warm-Up:</b>	5 Shared / 5 Home* / 5 Visitor / 2 Serve <i>Times may be shortened for JV matches of island school teams if mutually agreed upon</i>	5 Shared / 5 Home* / 5 Visitor / 2 Serve
<b>Games:</b>	Guaranteed 3 <u>All</u> games rally to 25 / Win by 2 with no cap	3/5 Rally to 25 / Win by 2 with no cap 5 <sup>th</sup> set to 15 / Win by 2 with no cap
<b>Line Judges:</b>	Home team provides line judges. Every effort will be made to have adult line judges.	

### CASCADE CONFERENCE/2A

*Cedar Park Christian*

	JV/C	Varsity
<b>Warm-Up:</b>	6 Shared / 6 Visitor* / 6 Home / 2 Serve	
<b>Games:</b>	Guaranteed 3 <b>All games rally to 25 / Win by 2 with no cap*</b> <b>Deciding 3<sup>rd</sup> set to 15/win by 2 with no cap*</b> <b>Non-deciding 3<sup>rd</sup> set-not to start after 6:15 PM*</b>	3/5 Rally to 25 / Win by 2 with no cap 5 <sup>th</sup> set to 15 / Win by 2 with no cap
<b>Line Judges:</b>	Home team provides line judges.	
<b>*Note that visitor gets court first.</b>		